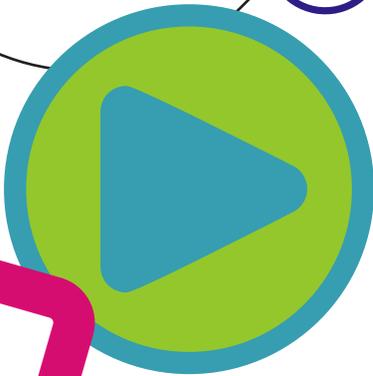


Have fun learning and playing  
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First, watch  
this week's  
video!



### Bible Story

Shadrach, Meshach, Abednego  
(Daniel 3:1-28)

### Remember This

"Trust in the Lord  
with all your heart."  
Proverbs 3:5, NIV

### Say This

Who can trust God?  
I can trust God.

## Activity

### Follow

#### What You Need

No supplies needed.

#### What You Do

Have your child stand behind you. Move around your home and ask your child to follow you. Move quickly around chairs, tables, and through doors if possible. Be creative on where you move and make it fun!

Say, "Follow me wherever I go! Let's go over here. Follow me through this door. (*Continue as long as there is interest.*)"

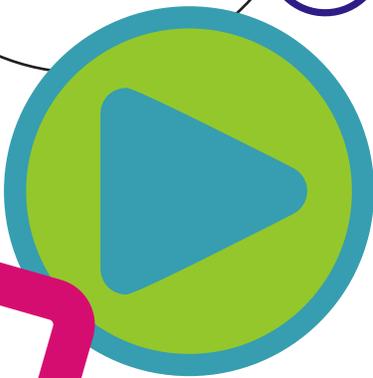
"Great job! You stayed with me, wherever I went! Today, we heard a Bible story about Someone who is always with us, no matter where we go. Who is it? (*Pause.*) Yes! God is always with us no matter where we go! God was always with Shadrach, Meshach, and Abednego because He loved them. We can trust God because He loves us and is always with us. That's why when I ask, 'Who can trust God?', I want you to say, 'I can trust God!' Here we go! **Who can trust God? I can trust God!** Yay! I can trust God!"

## Prayer

Dear God, thank You for the story of Shadrach, Meshach, and Abednego. It's amazing to hear about how much they trusted You and how You were always with them. Please help us trust that You are always with us, too. We love You, God. In Jesus' name, amen.

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### Bible Story

Peter Walks on Water  
(Matthew 14:22-33)

### Remember This

"Trust in the Lord  
with all your heart."  
Proverbs 3:5, NIV

### Say This

Who can trust God?  
I can trust God.

## Activity

### Sink and Float

#### What You Need

Large plastic tub (or access to a bathtub or sink); water; towels; light and heavy items from your home

#### What You Do

Gather items and fill the tub (or sink) with water. Encourage your child to play and discover which items sink and which items float. Repeat as long as desired.

Say, "I have this tub of water and all these different items. Let's see what sinks and floats. *(Repeat as long as desired.)*"

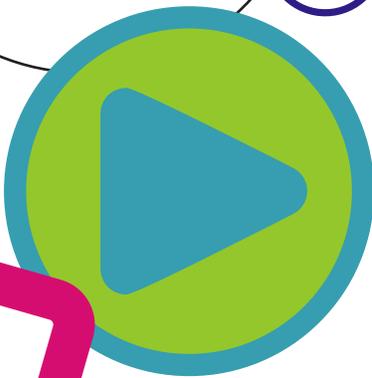
"Were you surprised that some things you thought would float actually sunk? *(Pause.)* In our story today, we heard about two people who walked on water. Who were they? *(Pause.)* Yes, Jesus walked on water. Peter stepped out of the boat and walked on water, too! Peter heard the wind and it scared him. He was afraid he would sink. But Jesus grabbed his hand, and they got in the boat together. Jesus showed that we can trust God. **Who can trust God? I can trust God!**"

## Prayer

Dear God, thank You for sending Jesus to show us that we can trust You, even when scary things happen. You are the best, God! We love You. In Jesus' name, amen.

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### Bible Story

Armor of God  
(Ephesians 6:10-17)

### Remember This

"Trust in the Lord  
with all your heart."  
Proverbs 3:5, NIV

### Say This

Who can trust God?  
I can trust God.

## Activity

### Aluminum Armor

#### What You Need

Bible, scissors, and rolls of aluminum foil

#### What You Do

Choose one family member to be the soldier. As a family, dress that person in aluminum armor. You will create a breastplate, shield, and helmet with aluminum foil.

Say, "In our Bible story, we heard about a special armor. It's kind of like what a soldier wore a long time ago when they would go to battle. Let's use this aluminum foil to make some pretend armor. *(Make the aluminum armor together.)*

"This is a helmet. *(Put on the aluminum helmet.)* When we trust that God loves us so much He sent Jesus to be our friend forever, it's like wearing a helmet to protect us.

"And this is a breastplate. *(Put on the aluminum breastplate.)* When we trust God and go His way, it's like wearing a breastplate to protect us.

"This is a shield. *(Hold up the aluminum shield.)* When we trust God, it's like holding up a shield to protect us from danger.

"And this *(hold up a Bible)* is the . . . *(pause)*. Yes! This is the Bible. The Bible is like a sword. When we trust God and follow what He says, it helps us battle what is wrong and do what is right.

"When we trust God, He gives us special armor to protect us. It's not the armor we wear like clothes. It's a very special armor that protects us when we trust God and go His way. Tell me, **who can trust God? I can trust God!** Yay! I can trust God!"

## Prayer

Dear God, thank You for giving us so many special things to remind us that we can trust You. Thank You for the helmet that reminds us that Jesus wants to be our friend forever, the breastplate to remind us that going Your way will protect us, and the shield to remind us that trusting You will protect us. And thank You for giving us the Bible to teach us how to go Your way. We love You, God. In Jesus' name, amen.

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### Bible Story

Nothing Can Separate  
Us from God's Love  
(Romans 8:38-39)

### Remember This

"Trust in the Lord  
with all your heart."  
Proverbs 3:5, NIV

### Say This

Who can trust God?  
I can trust God.

## Activity

### Who Can Trust God Catch

#### What You Need

Beach ball or soft foam ball

#### What You Do

Say, "[Child's name] can trust God" and throw the ball to your child. Encourage your child to catch the ball then throw it back and say, "I can trust God." (*Alternately, you can roll the ball rather than throw it.*)

Say, "I have a game for us to play today. I'll say your name, then I'll say, 'Can trust God.' Then I will throw you the ball. You'll catch it then throw it back to me and say, 'I can trust God.' Ready?"

"[Child's name] can trust God. (*Toss the ball to that child.*) Good catch! Throw it back to me and say 'I can trust God.' (*Pause.*) Awesome! Let's keep going. (*Repeat as many times as desired.*)

"No matter where we are, how we feel, or what we're doing, God will always love us. We can always trust God because nothing can ever separate us from His love. **Who can trust God? I can trust God.**"

## Prayer

Dear God, thank You that nothing will ever separate us from Your love. Help us to remember how much You love us so we will always trust You. We love You, God. In Jesus' name, amen.