

Have fun learning and playing
with your preschooler!



First, watch
this week's
video!

Bible Story

Aaron Helps Moses
(Exodus 17:8-13)

Remember This

"Give thanks to the
Lord for he is good."
Psalm 107:1, NIV

Say This

Who is good?
God is good.



Activity

Freeze Up and Down

What You Need

Music player and preschool music. We suggest using the monthly song, "Special" found on iTunes at https://bit.ly/OKM_LoveLikeJesus or on Spotify.

What You Do

Have your child stand in front of you. Turn the music on and ask them to dance with their arms in the air. After about 10-15 seconds, turn off the music. Ask your child to stand very still or freeze and put their arms down. Repeat the activity several times in 10-15 second increments, joining in on the fun.

Say, "Let's dance! When you hear the music, dance with your arms in the air. (*Demonstrate.*) When the music stops, freeze and put your arms down. (*Demonstrate.*) Are you ready? Let's go."

"Whew! That was so much fun! My arms are very tired. Whose arms got tired in our story today? That's right. It was Moses. God gave him family to help him. Do you remember who it was? Yes, it was his brother, Aaron, and friend, Hur. God gave us family to help, too! God is good. **Who is good? God is good!**"



Prayer

"Dear God, family is such a special gift You have given us. We are so thankful for the way family helps us. I pray we will help our family, too. We love You, God. In Jesus' name, amen."

November 2020, Week 3 Preschool and Kindergarten Activities

Today's Bible Story: I can thank God for family who help me.

Aaron Helps Moses • *Exodus 17:8-13*

Memory Verse: "Give thanks to the LORD for he is good." Psalm 107:1, NIV

Key Question: Who is good?

Bottom Line: God is good.

Basic Truth: God made me.

Family Pictures

What You Need: "Family Frame" Activity Page, and crayons

What You Do:

Before the Activity: Copy the "Family Frame" one per child. Set the Activity Pages and crayons on the tables.

During the Activity: Point out the words on the Activity Page and encourage your child to use the crayons to draw a picture of your family inside the frames.

What You Say:

Before the Activity: "It is time to come sit at the table."

During the Activity: "Do you see these words on your page? It says, 'I can thank God for my family.' Let's draw a picture of our family inside this frame. Then, when we look at our pictures, we'll be reminded to thank God for our families."

After the Activity: "God gives us SO many good things. In fact, God gives us ALL good things, including our families. We can thank God for our families. God gives us good things! **Who is good? [Bottom Line] God is good.**"

2. You Do the Hokey Pokey!

What You Need: No supplies needed.

What You Do:

Before the Activity: Gather your family in your activity area.

During the Activity: Lead your family to spread out and sing and do the motions to "The Hokey Pokey."

What You Say:

Before the Activity: "Everyone put your arms out straight to your sides like this. Make sure you spread out, so you aren't touching anyone else. Okay, now you can put your arms down."

During the Activity: "Do you know the song 'The Hokey Pokey'? It is SO fun to sing. So, let's sing it and do the motions. (NOTE: Children will likely not yet know their left from their right. So, for our purpose today, we'll just sing arms or legs.)

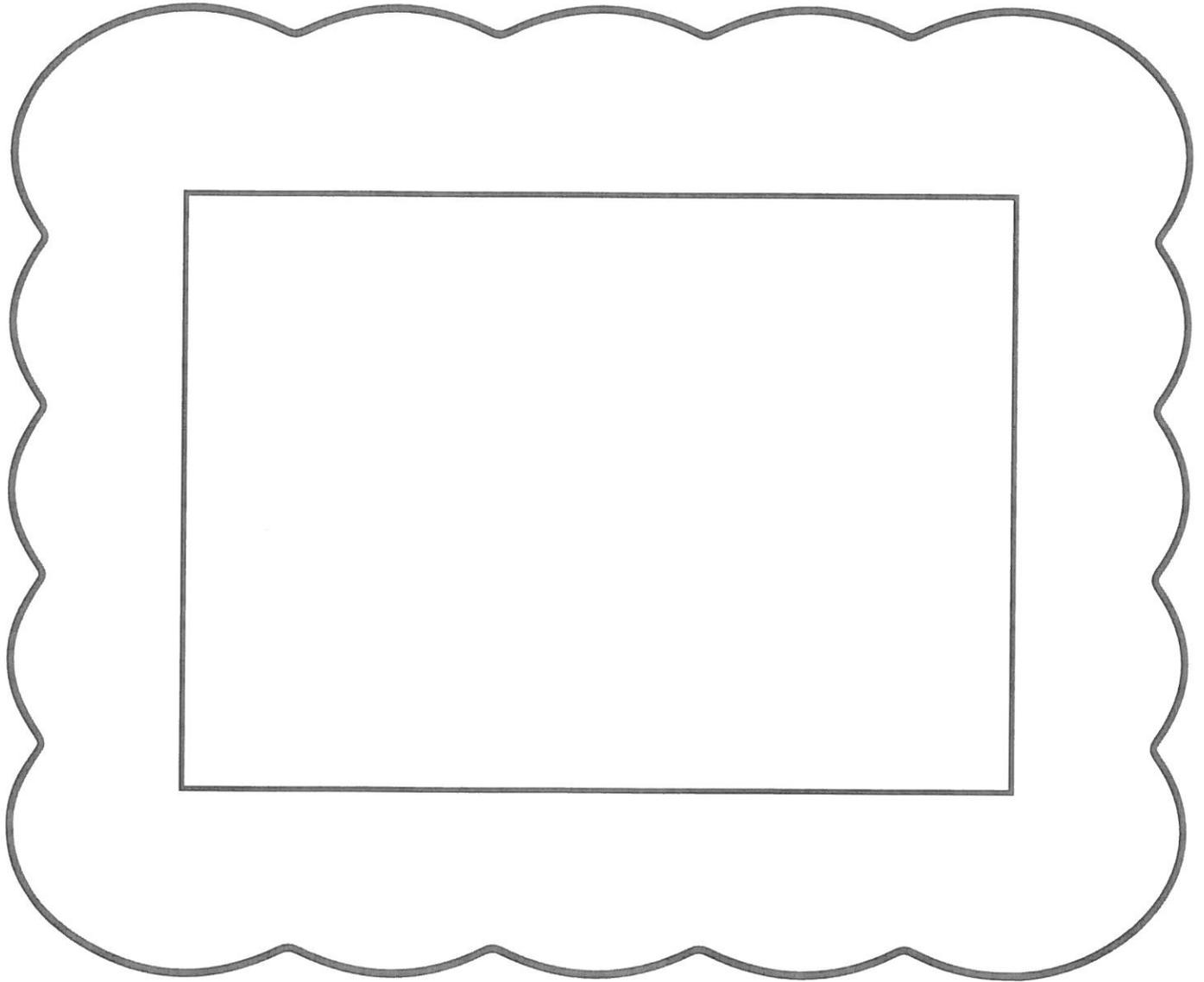
"You put your arms in. (Put your arms out in front of you.)

You put your arms out. (Pull your arms back to you.)

You put your arms in. (*Put your arms out in front of you.*)
And you shake them all about. (*Shake your arms in front of you.*)
You do the Hokey Pokey, and you turn yourself around. (*Turn in a circle.*)
That's what it's all about." (*Clap your hands together.*)

(Repeat with the following body parts: legs, head, and whole self.)

After the Activity: "Whew, that was FUN! Do you remember when we sang about putting your arms in? Moses had help keeping his arms up, and he was so thankful. We can thank God for the people in our family who help us, too. I'm so glad God gives us good things because **[Bottom Line] God is good.**"



I can thank God for my family.