

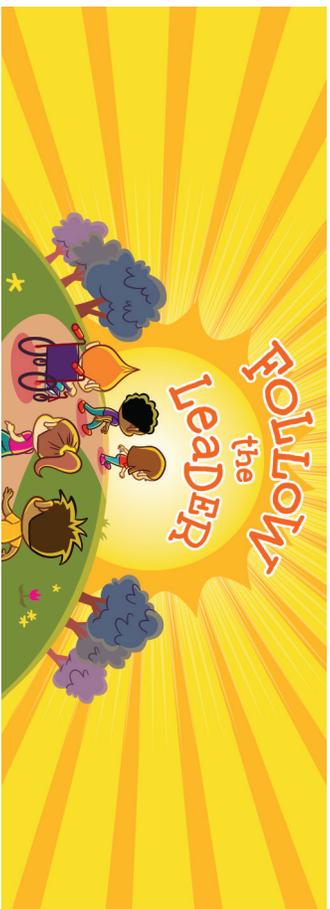
Parents of Pre-school thru Kindergarteners,

The following things are included in this file that go along with our curriculum for Sunday, March 22<sup>nd</sup>. Use them in whatever way works best for you to support your child's spiritual growth.

**Parent Cue:** This sheet lets you know what would have been taught in Sunday School this week and an article for parents on the topic. This same information is available on the Parent Cue app (along with much more). Please consider downloading the Parent Cue app on your phone (for free), so you can have information like this readily available.

**Activity Instructions:** These instructions let you know how to work through activities that go along with the lesson and some discussion questions you can have with your children about the activities as well.

**Activities:** These pages are what you can print out or use as an example for your own creativity.



**WEEK FOUR**  
**THE GOSPELS**

Jesus tells twelve men to follow Him, and they become His disciples.



**REMEMBER THIS:**

"Come and follow me,"  
Jesus said."  
MATTHEW 4:19, NIV



**SAY THIS:**  
Who can you follow?  
I CAN FOLLOW JESUS.



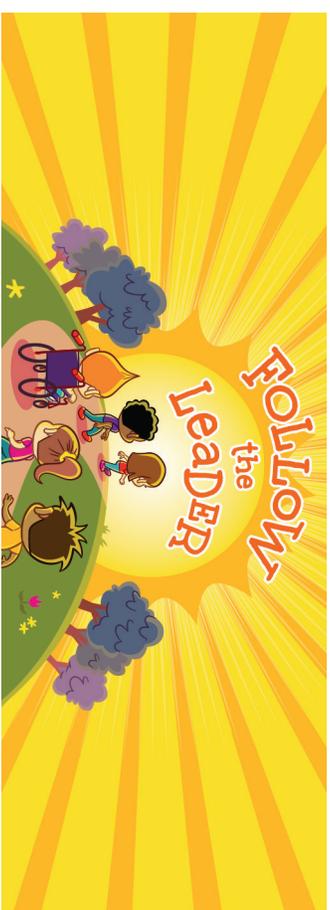
**DO THIS:**



Add two dolls or action figures to bath time. Tell your child to bathe his/her doll/action figure and you are going to follow what he/she does when you wash your doll/action figure. Thank your child for showing you how to bathe your doll/action figure. Talk about how God sent Jesus to show us how to love people. When we follow Jesus, He always leads us the best way.

**BASIC TRUTH:**

JESUS WANTS TO BE MY FRIEND FOREVER.



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## YOUR PRESCHOOLER DOESN'T HAVE TO "LIKE" IT

By Jennifer Walker

Several years ago, my family helped an African family of six assimilate into American culture so they could pursue their studies.

Interestingly, the hardest adjustment for them was not electricity, driving laws, or the weather, but the constant question, "Do you like this?" One night, we were gently reminded of something valuable: There is freedom that comes with permission to NOT have to 'like' everything. To this family, it didn't matter what they liked or didn't like as long as they accomplished what they set out to do.

You may not be hosting a family from a foreign country, but how many times did you feel that your preschooler had to "like" the way things were done that day? From putting on a winter coat to having a "nap opportunity" that they desperately needed (that you desperately needed). As parents, we constantly struggle with the pressure of making sure everyone likes every decision we make, and that can be exhausting.

The truth is, if we can teach our kids how to face the things they do not like, we prepare them to experience more out of life. We prepare them to push through the hard things to get to the good things. To do the things that don't feel good in the moment but that are good in the long run. And along the way it

helps them to know how to be gracious, patient, and kind.

### What to say:

"You don't have to like it but you still have to do it."

### What to do:

Carry on even if they do not like it.

The non-optional events of life happen anyway. We do not have to "convince" them to like it all. The nap ensues, the meal happens, the five-point car seat restraint is secured. And then in your mind, as you may be fielding a hundred toddler questions, a tantrum or a "sit in," pray:

*"God, please show me Your will and give me the strength to keep that in place even when I know my kids may not like it in the moment."*

Although it may not seem like it at the time, they will appreciate being given permission not to "like" everything in life but to know how to do it anyways. And, as a parent, that gives you permission to not have to please everyone all the time.

For more blog posts  
and parenting resources, visit:

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## 3 years and 45K Activities

**Bible Story Focus:** I can follow Jesus.

The Twelve • *The Gospels*

**Memory Verse:** “Come and follow me,’ Jesus said.” Matthew 4:19, NlrV

**Key Question:** Who can you follow?

**Bottom Line:** I can follow Jesus.

**Basic Truth:** Jesus wants to be my friend forever.

### Footprints

**What You Need:** Print Footprints Activity Page

#### What You Do:

*During the Activity:* Give each child an Activity Page. Use the marker to trace the child’s foot (*shoe on or off*) onto the Activity Page to the left of Jesus.

#### What You Say:

*Before the Activity:* “We can follow Jesus!”

*During the Activity:* “You are going to make a picture of how you can follow Jesus.” (*Do activity.*)

*After the Activity:* “

We have a picture of you following Jesus! (*Point.*) **Who can you follow? [Bottom Line] I can follow Jesus!**”

### Framed Jesus

**What You Need:** Print out Framed Jesus, craft sticks (if you have them), masking tape, crayons or markers, stickers and scissors

#### What You Do:

*During the Activity:* Give each child a frame, and help the children decorate the frames with the markers and stickers. Help the children tape their frame to the top of a craft stick if available.

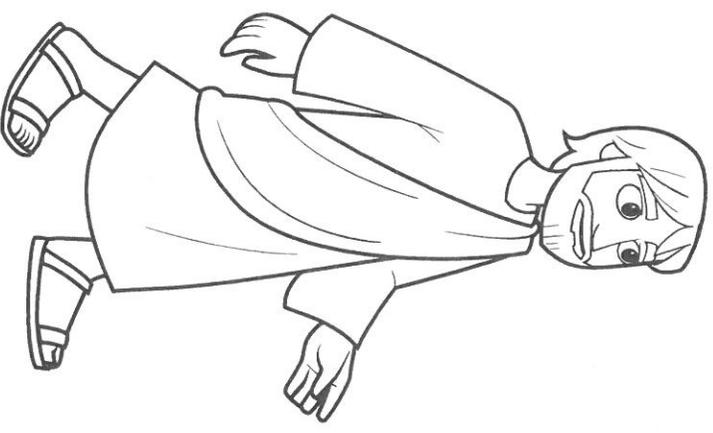
#### What You Say:

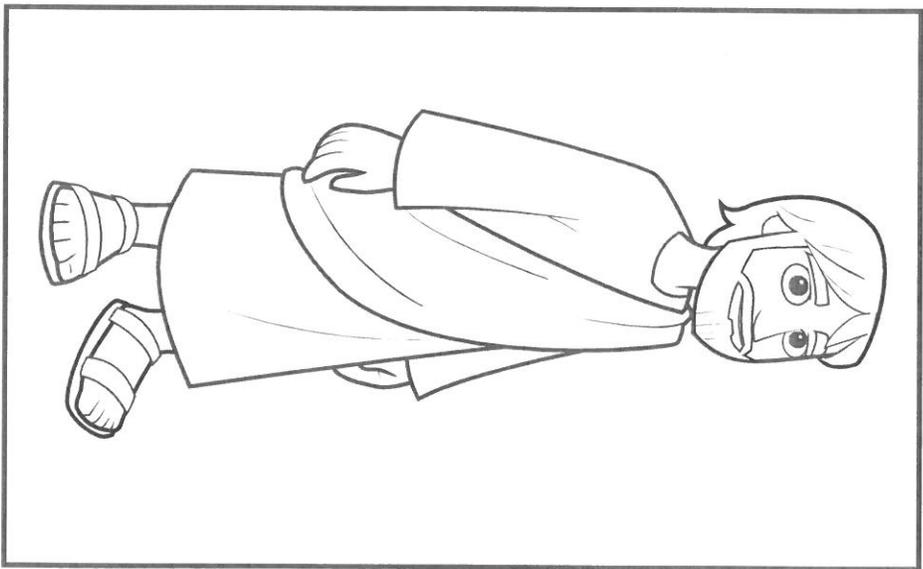
*Before the Activity:* “We have been following Jesus all month long. You can always follow Jesus!”

*During the Activity:* “We are going to make a picture of Jesus so we all can follow Jesus at home!” (*Do activity.*) Let’s take turns holding Jesus and walk around the house while we all follow.

*After the Activity:* “Perfect! Now you can follow Jesus ALL THE TIME! **Who can you follow? [Bottom Line] I can follow Jesus!**”

**I can follow Jesus.**





I can follow Jesus.